

Snowshoe Overnight Gear List

Backpacking in the winter, it is important to have the right clothing but not too much of it. Essentially you should be able to wear everything you have if it's cold and not carry any more. We'll be teaching layering systems prior to the trip and will be checking off gear and packs prior to leaving. **Please bring all of these items and nothing more!**

Clothing: (Should be in your pack or on your body when we start)

- One Base layer: wicking underwear tops and bottoms (polypro, lightweight wool, etc.)
- One Mid layer top: insulating jacket/vest/(ex: Light fleece pullover, lightweight puffy sweater, fleece vest)
- One Soft-shell (water/wind resistant) jacket or Rain (waterproof/breathable) jacket. Should fit over Midlayers
- One Snow (waterproof/breathable) pants/bibs or soft-shell (water/wind resistant) pants
- One Packable Down/Synthetic Parka
- One Lightweight sun hat (baseball hat, collapsible sun hat, etc.)
- One Insulating hat or cap
- One Balaclava, Buff, or neoprene face mask
- Two Pair snow gloves and/or mittens
- Insulated** snow boots-Bigger is better, not too tight!
- Three pair of synthetic or wool socks-an additional lightweight "liner" pair is great too.

Other Gear:

- Overnight Backpack (35 liters+) (Many available to loan)
- Plastic trash bag (30 gallons)-Used to cover sleeping bag in pack.
- 4 plastic grocery bags-Used to carry wet gear or to create Vapor Barrier socks
- Bandana
- Sunscreen
- Lip balm
- Sunglasses (with retainers: Croakies, Chums etc.)
- Headlamp or flashlight (lightweight)
- Extra batteries
- Water bottle (1 liter)
- Mug (12-16 oz) (insulated is preferred)
- Bowl, Fork and Spoon (Plastic or Lexan)

- Personal Hygiene (toothbrush, medications (will be with staff), glasses or contacts, vitamins, comb/brush, face lotion)

Optional:

- Waterproof overmitts
- Gaiters
- Adjustable ski or trekking poles
- Lightweight Hut slippers or booties
- Old School Camera (no phones) We'll have one to loan out.

Provided by Outdoor Recreation Program: If you would like to use your own equipment it will need to be checked off by one of the trip staff **on the day before departure.**

- Backpacking Sleeping Bag (10 to 20 degree rated sleeping bag; Synthetic or down, less than 5lbs) We'll keep the stove running all night in the hut so a winter sleeping bag is unnecessary.
- Avalanche Beacon
- Snowshoes

Do Not Bring:

Anything Cotton! (OK, maybe a bandanna)

Big, Heavy Snow Jacket or Parka: Layering is the way to go and we won't be standing around much except in the Hut where there is a stove.

Electronics: E-readers, phones and games will be collected at the start of the trip

Pillow: we'll be using extra clothing in a stuff sack.

Pajamas: We'll sleep in our long john's (base layers)